

ANNUAL REPORT OF OPERATIONS

2014-2015



Meals on Wheels

Driving Away Hunger

One Meal At A Time

Meals on Wheels Plus, Inc.

August 2015 Board of Directors

- Mr. Bill Hoogstra, Chairman
- Mr. Carlos Montez, Vice-Chairman
- Mrs. Shaun Bustillos, Secretary
- Dr. George Knight, Treasurer
- Mr. Thomas Hawkins, Executive Committee
- Mr. Kelly Jones, Executive Committee
- Mr. Bill Shelton, CPA, Executive Committee
- Mr. Ken Baker
- Mr. Jim Barte
- Mrs. Martha Chengson
- Mr. Nick Coates
- Mrs. Brandy Cockrell
- Mr. Tim Farrar
- MSgt John Howell
- Mr. Barney Johnson
- Mrs. Betty Landry
- Rev. Iziar Lankford
- Dr. Barry Moak
- Mrs. Elizabeth Morris-Brown
- Miss Heloise Munson
- Mr. Jaime Pena
- Mrs. Angelita Rodriguez
- Mr. Joel Wilks
- Mrs. Etta Woodard

August 2015 Staff

- Betty Bradley, Executive Director
- Robbie Burleson, Assistant Director
- Fred Ghant, Kitchen Supervisor
- Sheryl Koltermann, Accounting Supervisor
- Kimberly Apodaca, Meal Service Technician
- Rob Chastain, Development Director
- Sandy Cruz, Assistant Volunteer Coordinator
- LaTonya Daniels, Receptionist
- Deborah Ellison, Cook
- JoAnne Glantz, Administrative Technician/
"Groceries on Wheels" Coordinator
- Cynthia Gore, Head Cook
- Linda Harpel, Cook/Meal Service Tech
- Mark Herrera, Cook
- Michael Jefferson, Meal Service Technician
- Rose Jimenez, Meal Service Technician
- Ramona Lopez, Cook
- Michael Malone, Cook
- Frances Marshall-Lindsay, Case Manager
- Katie Nelsen, Case Manager
- Joe Olvera, Facilities Maintenance
- Sarah Reyna, Bookkeeper
- Alberto Rivero, Cook
- Nancy Ruelas, Case Manager
- Jessica Stewart, Volunteer Coordinator
- Bom Thapa, Dishwasher/Stock Clerk

OUR MISSION

The mission of Meals on Wheels Plus is to enhance the quality of life for seniors and other eligible adults by providing nutritionally balanced meals and supportive services.

Meals on Wheels Plus, Incorporated
 717 N. 10th St., Abilene, TX 79601
 (325)672-5050

Website: www.mealsonwheelsplus.com
 Facebook: [mealsonwheelsplus1975](https://www.facebook.com/mealsonwheelsplus1975)



A Letter from the Executive Director

Growing up as the oldest of four kids on a small farm outside of Saguache, Colorado, the elderly were always an important part of my life. My grandfather lived with us. His sister and brothers, and their families, made up a fun-loving extended family. I have always felt a special connection with older people.

When I moved to Abilene in January 1963, I fell in love with the people here. But, I missed my grandfather, aunts and uncles.

In 1973, I joined Church Women United. I learned that they delivered meals to the elderly, so I signed up. I wanted my two young children, ages five and two, to experience the joy of having older people in their lives. I wanted them to learn service.

I had no idea I was starting a journey that would be such a blessing to me and my family.

I only have a high school education and no special talent. But, I do have a passion for people who are older, and for those who have health and financial challenges. I feel led to try to make a difference.

When the Meals on Wheels Board of Directors first met on May 28, 1975, I was elected as an officer. When we could not find anyone willing to help establish funding and a structure, I was asked if I would do it. I was terrified, but felt called to give it a try.

I have had to work very hard, but it certainly has been worthwhile. I see and hear wonderful things almost every day that inspire and thrill me. I have been honored to be part of a ministry that enriches lives.

Clients tell me stories about how much better they feel after receiving meals for a few months, or about how grateful they are to the volunteer who found them on the floor and saved their life. They tell me about a special volunteer who gives them a hug or helps them out with things they can no longer do for themselves.

I have never felt that this was just a job. I still feel a call on my life to work at Meals on Wheels. I can't imagine doing anything else.

Our Clients

1,564 = FY Unduplicated persons received meals

249 = Clients 85 years of age or older

251,516 = Lunches prepared & delivered

\$7.38 = Actual cost per lunch

49,150 = Breakfast meals prepared & delivered

Our Volunteers

800+ = Compassionate drivers who volunteer their time, cars and gasoline to see that others are fed

75 = Daily delivery routes driven by volunteers

60 = Business Partners, Church & Dyess Groups assist in meals delivery

"Plus" Programs

2,576 = Bags of "Groceries on Wheels" were delivered

537 = Dog & Cats of clients were fed with "Pet Food on Wheels"

110 = Clients received "Books on Wheels" from the Abilene Public Library



"All volunteers are very nice and friendly. I thank God for them, ones that prepare them and the meals I have these everyday!! God Bless all of you. I'm in a power chair and cooking is a little hard on me. Thank you."
-A client



"I greatly appreciate your service. You enrich my life with varied meals, kind people and books! I am praying for inspiration to come to secure your financial needs. You are a very fine organization."

Meals on Wheels Plus, Inc. Selected Financial Information

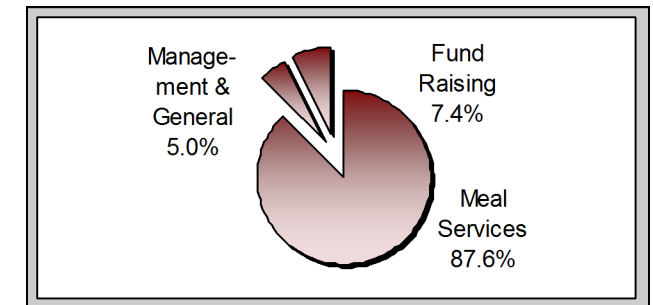
FYE August 31, 2015

Revenue

Texas Department of Aging & Disability Services Title XX & Title XIX	\$ 830,631.00
Managed Care	156,143.00
General Contributions	328,539.00
Contributions by Recipients	176,917.00
Miscellaneous Fund Raisers	294,632.00
Taylor & Jones Counties	15,001.00
Interest & Dividend Income	5,065.00
Foundation Grants	10,000.00
Combined Federal Campaign	1,074.00
Texans Feeding Texans HDM Grant	71,937.00
Groceries & Pet Food on Wheels	16,322.00
Transfer of Funds	<u>41,785.00</u>
Total Revenue	\$1,948,046.00

Expenses

Food and Packaging	\$ 769,924.00
Salaries & Related Expenses	838,583.00
Insurance	26,399.00
Utilities & Telephone	38,871.00
Depreciation, Equipment Purchased	47,568.00
Office Supplies, Printing & Postage	22,703.00
Fund Raising Expenses	83,779.00
Public Relations	2,719.00
Travel & Van	42,295.00
Staff Education & Membership Fees	16,721.00
Janitorial Supplies & Soft Goods	19,851.00
Repairs & Maintenance	94,884.00
Professional Fees	46,328.00
Groceries & Pet Food on Wheels & Client Assistance	42,103.00
Volunteer & Employee Recognition	<u>32,826.00</u>
Total Expense	\$2,125,554.00



Information is derived from 8/31/15 audited financial report & 990.

