

# ANNUAL REPORT OF OPERATIONS

2015-2016



## August 2016 Board of Directors

Mr. Carlos Montez, Chairman  
Mr. Kelly Jones, Vice-Chairman  
Mrs. Shaun Bustillos, Secretary  
Dr. George Knight, Treasurer  
Mr. Tim Farrar, Executive Committee  
Mr. William Hoogstra, Executive Committee  
Dr. Barry Moak, Executive Committee  
Mr. Ken Baker  
Mr. Jim Bartee  
SMSgt Brian Briggs  
Mrs. Martha Chengson  
Mr. James Childers  
Mr. Nick Coates  
Mr. Tom Hawkins  
Mr. Barney Johnson  
Mrs. Betty Landry  
Rev. Izziar Lankford  
SMSgt Rob Mediavilla  
Mrs. Elizabeth Morris-Brown  
Miss Heloise Munson  
Ms. Inger Nordby  
Mr. Jaime Pena  
Mrs. Angelita Rodriguez  
Mrs. Naoemi Sanchez  
Mr. Bill Shelton, CPA  
Mr. Reed Stafford  
Mr. Joel Wilks  
Mrs. Etta Woodard

## August 2016 Staff

Betty Bradley, Executive Director  
Robbie Burleson, Assistant Director  
Brandy Sattiewhite, Accounting Supervisor  
Fred Ghant, Kitchen Supervisor  
Leslie Barber-Lappe, Assistant Volunteer Coordinator  
Michael Byers, Facilities Maintenance  
Rob Chastain, Development Director  
LaTonya Daniels, Receptionist  
Deborah Ellison, Cook  
JoAnne Glantz, Administrative Technician/  
"Groceries on Wheels" Coordinator  
Cynthia Gore, Cook  
Linda Harpel, Meal Service Tech  
Mark Herrera, Cook  
Michael Jefferson, Meal Service Technician  
Rose Jimenez, Meal Service Technician  
Ramona Lopez, Cook  
Erma Loreda, Dishwasher/Stock Clerk  
Lolita McGrew, Meal Service Technician  
Michael Malone, Cook  
Frances Marshall-Lindsay, Case Manager  
Katie Nelsen, Case Manager  
Sarah Reyna, Bookkeeper  
Alberto Rivero, Cook  
Nancy Ruelas, Case Manager  
Jessica Stewart, Volunteer Coordinator  
Bom Thapa, Cook  
Rodell Whitmore, Meal Service Technician

### **OUR MISSION**

*The mission of Meals on Wheels Plus is to enhance the quality of life for seniors and other eligible adults by providing nutritionally balanced meals and supportive services.*

Meals on Wheels Plus, Incorporated  
717 N. 10th St., Abilene, TX 79601  
(325)672-5050

Website: [www.mealsonwheelsplus.com](http://www.mealsonwheelsplus.com)

Facebook: [mealsonwheelsplus1975](https://www.facebook.com/mealsonwheelsplus1975)

*Driving Away Hunger*

*One Meal at A Time*

## Meals on Wheels Plus, Inc.



## A Letter from the Executive Director

I have been thinking about special friends and family members who have been a hero in my life. My heroes also include staff, volunteers and donors whose support of Meals on Wheels makes it possible for us to feed the hungry and visit the lonely. The stories about the precious people who receive meals touch my heart.

I would like to share a story related by Nancy, one of the Meals on Wheels Case Managers. She received a call from a gentleman who lives out of town. He had just returned home after visiting his mother in Abilene. He was very concerned because he could see that she was not eating. He called to see if she would be eligible to receive Meals on Wheels. Sensing that this was a serious situation, Nancy went to see his mother that very same day.

When Nancy arrived, Mrs. T did not want to let Nancy into her home, let alone hear anything about Meals on Wheels. However, after a little persuasion and a lot of determination, Nancy was invited in.

One of the things Nancy noticed right away was how “shaky” Mrs. T appeared. Even her voice was shaky. She struggled to answer questions and had a hard time remembering even the simplest things. When asked if she took any medication, she said, “No”. After a lengthy conversation, the paperwork was completed and meals were started the next day.

Fast forward to Nancy’s next visit with Mrs. T. The first thing Nancy noticed was that Mrs. T was no longer shaky, and she was speaking clearly. This was a huge transformation! When Nancy complimented her on how well she looked and sounded, her reply was, “I didn’t realize the harm I was doing to myself, because I was not taking my medicine with food.” Even though she originally had told Nancy she didn’t take any prescription medication, evidently she does. Mrs. T went on to say how grateful she was for the meals and for the volunteers who deliver them. That one phone call from her son made all the difference in the world for Mrs. T. Her son now has peace of mind knowing that someone is checking on his mother’s well-being each weekday.

## Our Clients

- 1,518= FY Unduplicated persons received meals
- 248 = Clients 85 years of age or older
- 257,317 = Lunches prepared & delivered
- \$7.33 = Actual cost per lunch
- 59,252 = Breakfast meals prepared & delivered

## Our Volunteers

- 850 = Compassionate drivers who volunteer their time, cars and gasoline to see that others are fed
- 75 = Daily delivery routes driven by volunteers
- 54 = Business Partners, Church & Dyess Groups assist in meals delivery

## “Plus” Programs

- 2,674 = Bags of “Groceries on Wheels” were delivered
- 525 = Dog & Cats of clients were fed with “Pet Food on Wheels”
- 115 = Clients received “Books on Wheels” from the Abilene Public Library

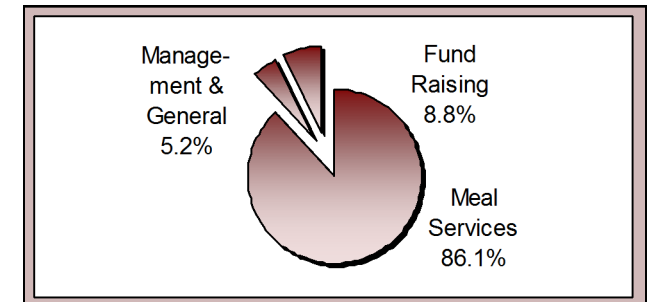


“Just a note that Meals on Wheels really was a life saver for us. I never dreamed that we would need you when I was a volunteer. The meals were delicious, and I wish you could see my husband delving in every day, like it was candy. The stroke has not hurt his appetite.” Thank you so much!

-M.A.

## Meals on Wheels Plus, Inc. Selected Financial Information FYE August 31, 2016

<u>Revenue</u>		<u>Expenses</u>	
Texas Department of Aging & Disability Services		Food and Packaging	\$ 803,303.00
Title XX	\$ 788,525.00	Salaries & Related Expenses	932,236.00
Managed Care	133,774.00	Insurance	28,403.00
General Contributions	717,695.00	Utilities & Telephone	40,987.00
Contributions by Recipients	133,181.00	Office Supplies, Printing & Postage	26,524.00
Miscellaneous Fundraisers	156,212.00	Advertising	1,020.00
Taylor & Jones Counties	5,682.00	Travel & Van/Car Expense	51,808.00
Interest & Dividend Income	139,380.00	Staff Education & Membership Fees	12,895.00
Foundation Grants	24,000.00	Janitorial Supplies & Soft Goods	14,125.00
Other Income	23,548.00	Repairs & Maintenance	42,961.00
Texans Feeding Texans HDM Grant	76,023.00	Professional Fees	44,833.00
Groceries/Pet Food/Fans/Heaters	<u>34,050.00</u>	Groceries & Pet Food	44,351.00
<b>Total Revenue</b>	<b>\$2,232,070.00</b>	Volunteer & Employee Recognition	22,737.00
		Miscellaneous Expense	<u>79,645.00</u>
		<b>Total Expense</b>	<b>\$2,145,828.00</b>



Information is derived from 8/31/16 audited financial report & 990.

“When I get my lunch every day, it helps me so much. I am 83 years old. It hurts me to stand and try to fix a meal.”  
- Mrs. R

**DOING WHAT’S RIGHT FOR SENIORS & ADULTS WITH DISABILITIES BENEFITS US ALL. WITH A HOT MEAL AND A DAILY VISIT, THEY CAN LIVE THE LIVES THEY CHOOSE, AT HOME, OUT OF HOSPITALS AND NURSING FACILITIES. BY DOING SO, THEY WILL SAVE TAXPAYERS BILLIONS OF DOLLARS.**