

**CLIENT NAME & ADDRESS:** \_\_\_\_\_

2% Milk or Calcium Fortified Orange Juice served with each meal.  
SOME MEALS MAY BE SUBSTITUTED.

**MEALS ON WHEELS MENU CHOICES FOR April 26, 2021 – August 27, 2021**

**PLEASE CIRCLE EITHER MENU A OR MENU B IN EACH SQUARE. RETURN ONE COPY IN THE STAMPED ENVELOPE & KEEP A COPY.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates: 04/26, 06/07, 07/19	Dates: 04/27, 06/08, 07/20	Dates: 04/28, 06/09, 07/21	Dates: 04/29, 06/10, 07/22	Dates: 04/30, 06/11, 07/23
<b>Menu A:</b> Chicken & Broccoli Stir Fry <b>Menu B:</b> Sweet & Sour Pork Fluffy Rice, Spiced Carrots, Fruited Cherry Gelatin, Pound Cake	<b>Menu A:</b> Ham & Beans <b>Menu B:</b> Shepherd's Pie Turnip Greens, Cauliflower, Fresh Fruit, Banana Pudding w/ Wafers	<b>Menu A:</b> Italian Meatballs Spaghetti w/ Sauce <b>Menu B:</b> Chicken Pasta Primavera Broccoli, Garlic Bread, Pears w/Cottage Cheese	<b>Menu A:</b> Beef Taco Salad <b>Menu B:</b> Shredded Chicken Soft Taco, Pinto Beans Spanish rice, Warm Tortilla, Pico de Gallo, Oatmeal Raisin Cookie.	<b>Menu A:</b> Crunchy Baked Fish <b>Menu B:</b> Charbroiled Beef Patty Potato Wedges, Spicy Buttered Carrots, Red and Green Coleslaw, Chocolate Brownie.
Dates: 05/03, 06/14, 07/26	Dates: 05/04, 06/15, 07/27	Dates: 05/05, 06/16, 07/28	Dates: 05/06, 06/17, 07/29	Dates: 05/07, 06/18, 07/30
<b>Menu A:</b> Smothered Pork Chop <b>Menu B:</b> Citrus Baked Chicken Scalloped Potatoes, Mixed Vegetables, Kale Crunch Salad w/Mandarin, Orange Zephyr Whip.	<b>Menu A:</b> Chicken Tenders <b>Menu B:</b> Stuffed Cabbage Casserole Garlic Mashed Potatoes, Cream Gravy, Capri Vegetables, Marinated Mushroom Salad, Lemon Pudding.	<b>Menu A:</b> Chicken Salad on Leaf Lettuce <b>Menu B:</b> Tuna Salad Green Pea Salad Chunky Fruit Medley, Wheat Roll, Upside Down Cake.	<b>Menu A:</b> Beef Cabbage Roll <b>Menu B:</b> Pork Fritter Calico Corn, Broccoli, Fruited Gelatin, Pudding.	<b>Menu A:</b> Salmon Pattie <b>Menu B:</b> Braised Pork Chop Baby Bakers, Buttered Baby Carrots, Fruit Cup, Cookie.
Dates: 05/10, 06/21, 08/02	Dates: 05/11, 06/22, 08/03	Dates: 05/12, 06/23, 08/04	Dates: 05/13, 06/24, 08/05	Dates: 05/14, 06/25, 08/06
<b>Menu A:</b> Teriyaki Chicken <b>Menu B:</b> Beef Teriyaki Brown Rice Pilaf, Oriental Coleslaw, Vegetable Egg Roll, Mandarin Oranges.	<b>Menu A:</b> Turkey Meatloaf w/ Tomato Sauce <b>Menu B:</b> Baked Chicken, Corn Salad Mashed Potatoes, Seasoned Green Beans, Wheat Bread, Fruited Gelatin.	<b>Menu A:</b> Chicken Spaghetti <b>Menu B:</b> Chili w/Beans Squash Medley, Garden Salad, Italian Dressing, Garlic Roll Angel Food Cake.	<b>Menu A:</b> Chicken Enchilada Bake <b>Menu B:</b> Cheese Enchiladas Fried Rice, Hominy, Beet Salad, Cinnamon Pears.	<b>Menu A:</b> Beef Steak Fingers <b>Menu B:</b> Pork Roast Potato Wedges, Coleslaw w/Cilantro lime dressing, Strawberry Delight Cookie.
Dates: 05/17, 06/28, 08/09	Dates: 05/18, 06/29, 08/10	Dates: 05/19, 06/30, 08/11	Dates: 05/20, 07/01, 08/12	Dates: 05/21, 07/02, (4 <sup>th</sup> of July), 08/13
<b>Menu A:</b> Brown Sugar Glazed Ham <b>Menu B:</b> BBQ Chicken Breast Candied Sweet Potatoes, Green Peas/Red Pepper, Yogurt w/Peaches.	<b>Menu A:</b> Tuna Salad <b>Menu B:</b> Turkey Salad Three Bean Salad, Oil and Vinegar Coleslaw, Saltine Crackers, Banana, Baked Cookie.	<b>Menu A:</b> Meatballs <b>Menu B:</b> Chef's Quiche Brown Gravy, Sweet Potato Tots, Peas and Carrots, Frosted Cake.	<b>Menu A:</b> BBQ Roast Pork <b>Menu B:</b> Smoked Sausage with Pepper & Onions Potato Salad, Pork & Beans, Vegetable Juice, Hot Cinnamon Apples.	<b>Menu A:</b> Beef Pepper Steak <b>Menu B:</b> Chicken Tenders Corn Nuggets, Normandy Vegetables, Carrot Raisin Salad, Wheat Roll, Seasonal Fruit.
Dates: 05/24, 07/05, 08/16	Dates: 05/25, 07/06, 08/17	Dates: 05/26, 07/07, 08/18	Dates: 05/27, 07/08, 08/19	Dates: 05/28, 07/09, 08/20
<b>Menu A:</b> Beef Lasagna <b>Menu B:</b> Cheese Ravioli w/Meatsauce Italian Green Beans, Garlic Roll, Chunky Fruit Medley, Vanilla Pudding.	<b>Menu A:</b> Beef & Pasta Casserole <b>Menu B:</b> Lemon Pepper Cod Yam Patties, Brocc/Cauliflower/Carrot Salad, Melon Cubes, Frosted Cake.	<b>Menu A:</b> Grilled Oregano Chicken <b>Menu B:</b> Beef Tips and Gravy Pasta, Egg Noodles, Wax Beans, Wheat Roll, Applesauce, Angel Food Cake.	<b>Menu A:</b> Pork Roast <b>Menu B:</b> Honey Garlic Chicken Brown Gravy, Mashed Potatoes, Brussel Sprouts, Cottage Cheese and Tomato Salad, Peaches.	<b>Menu A:</b> Baked Chicken <b>Menu B:</b> BBQ Riblet Cornbread Dressing, Green Peas, Wheat Roll, Gelatin Parfait, Fresh Fruit.
Dates: 05/31 (Memorial Day), 07/12, 08/23	Dates: 06/01, 07/13, 08/24	Dates: 06/02, 07/14, 08/25	Dates: 06/03, 07/15, 08/26	Dates: 06/04, 07/16, 08/27
<b>Menu A:</b> Roast Turkey <b>Menu B:</b> Braised Steak & Tomatoes, Poultry Gravy California Vegetables, Spinach, Three Bean Salad, Chocolate Pudding.	<b>Menu A:</b> Citrus Baked Chicken <b>Menu B:</b> Meatloaf Mashed Sweet Potato, Seasoned Green Beans, Seasonal Fruit, Orange Dreamsicle Cake.	<b>Menu A:</b> Turkey Spaghetti <b>Menu B:</b> Roast Pork Loin Squash Medley, Garden Salad, Garlic Roll, Dressing, Rosy Applesauce.	<b>Menu A:</b> Baked Chicken <b>Menu B:</b> Potato Crunch Fish Rosemary Roasted Potatoes, Peas and Carrots, Tropical Fruit Salad, Pineapple Cream Cake.	<b>Menu A:</b> Chicken Salad on Leaf Lettuce <b>Menu B:</b> Ham Salad Green Pea Salad, Cuc/Tom/Onion Salad, Wheat Roll Ambrosia Salad, Baked Cookie.