

MEALS ON WHEELS PANTRY LIST

BEANS

- ☐ Black-eye Peas - Dry
- ☐ Pinto Beans - Dry
- ☐ Black-eye Peas - canned
- ☐ Pinto Beans - canned
- ☐ Pork-n-beans
- ☐ Ranch Style Beans
- ☐ Refried Beans

BREADS / GRAINS / PASTA

- ☐ Bisquick
- ☐ Cornbread Mix
- ☐ Rice
- ☐ Stuffing
- ☐ Chicken Helper
- ☐ Hamburger Helper
- ☐ Tuna Helper
- ☐ Crackers - Salted / Unsalted
- ☐ Egg Noodles
- ☐ Mac-n-cheese
- ☐ Macaroni Noodles
- ☐ Spaghetti Noodles

MISCELLANEOUS ITEMS

- ☐ Peanut Butter
- ☐ Jelly

BREAKFAST ITEMS

- ☐ Cereal
- ☐ Cream of Wheat
- ☐ Grits
- ☐ Oatmeal
- ☐ Pancake Mix
- ☐ Pancake Syrup
- ☐ Muffin Mix

DESSERT ITEMS

- ☐ Cake Mix
- ☐ Cake Frosting
- ☐ Cookies
- ☐ Jell-O
- ☐ Sugar-Free Jell-O
- ☐ Pudding
- ☐ Sugar-Free Pudding

BAKING / DRINKS

- ☐ Flour
- ☐ Cooking Oil
- ☐ Sugar
- ☐ Sweet-n-Low
- ☐ Coffee (Instant)
- ☐ Shelf Stable Milk
- ☐ Tea