The Scoop

Volume 49 Issue 2

APRIL 2024

I thought you would like to know....

It's hard to believe that summer is almost here. Because of the mild winter it is possible that this summer will be long and hot. That is a worry as so many of the people enrolled on Meals on Wheels are among those disproportionately affected by extreme heat. Included are older adults (age 65+), those living on a low income and those who have chronic medical conditions.



Betty L. Bradley

The Meals on Wheels fund to buy electric fans for our clients this summer is empty. Electric fans aren't the best solution when it's extremely hot, but it's better than nothing. There is a great need for donations made specifically to purchase electric fans for the most needy of our more than 1,500 clients.

Meals on Wheels America (MOWA) recently released some alarming statistics about the escalating issue of Senior Hunger. Some of the facts are:

- Older Americans are living longer with less money
- I in 2 Seniors living alone lacks the income to pay for basic needs
- Older adults are already at higher risk of malnutrition due to decreased appetite, mobility issues, prescription medications and more.
- Meals on Wheels can serve meals for an entire year for roughly the same cost as a day in the hospital or 10 days in a nursing home.

Although MOWA focuses on seniors, and does not include younger adults with disabilities, it is possible that the stats for adults with disabilities are even more alarming.

Meals on Wheels Plus is struggling to meet the growing need. Last year we added Lawn and Aspermont to our delivery area. This year we are adding Tuscola. Some of our challenges are:

- Lack of funding to pay for meals
- Difficulty recruiting and retaining volunteers
- The rising cost of everything from food and meal packaging to insurance and utilities.

Please join us by making a monthly donation as you are able. By signing up to deliver meals. By remembering Meals on Wheels as you work on your estate plan. You can play an important role in making sure that this life giving service will be here for all those who need as now, as well as those who will need us in the future. Your gifts and talents make a difference.

2024 Sporting Clays Classic

Saturday, August 24th

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Charity Golf Tournament Monday, May 6th Diamondback Golf Club

Sponsorships Available

SPECIAL EVENTS 32nd Annual

Abilene Gives Tuesday, May 7th





The Scoop

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In Loving Memory

/ Memorials for December 31, 2023 to March 14, 2024

James David Adams David & Paula Cason Stephanie Murillo Patsy Patterson Bob Ake Sterling & Linda Robertson Matt Albaugh Vance & Chris Goodard Liandra Alcorta Peter Agnell Aunt Loretta The Weaver Family Loretta Alexander Carol & Vic Corley Lydia Couch Nan Egger Barry & Linda Hoefer Darrell & Miriam Parrish Curtis & Susan Pittman Michael Stroope Paul Arnold Robert & Brenda Grant Veronica Aviles Gary & Evanet Gallant **Brenda Balkum Mickey Balkum** Jimmy Beasley Cheryl Lewis Virginia Glynn Breland loyce Middleton Sterling & Linda Robertson **Barbradon Brooks Bonnie Miller** Al Camp Robert & Brenda Grant Sam Carroll Grace Carroll **Ruby Carter** Kathy Conklin & Family **Cheryl Lewis** Paula Rodgers & Family Charlie & Terry Shira Claressa & Gary Thornton **Richard Casey** Hazel Casey **R.B.** Choate Larry & Suzanne McMillon Wanda Collett Larry & Suzanne McMillon Sylvie Conner Dorothy A. Davidson

Elizabeth Lee Cook Bill & Gena Brown Marty & Lesli Frey Rodney & Debbie Gordon **Thomas Cranor** Dorothy A. Davidson Steve & Kay Dawson Martin & Lucy Dawson **Gene Ditmore** Ernie & Maryanne Anderson **Betty Casteel** Robert & Brenda Grant **Bobye Eagleston** Ginda Abraham Kate Cornelius Michael Joseph Franko Sylvia Priest **Glenn Pruitt** Susan & Mark Russell Scott & Michelle Senter Steve Senter White's Chapel United Methodist Church Chancel Choir Lyndy Edwards Martin & Lucy Dawson **Gordon Elford** Lou Dorich **Bruce Elmore** Sterling & Linda Robertson **Suzanne Ferguson** George & Gene Stovall **Doris Freeman** Carlene Spicer H.L. Futch **Betty Casteel** Norma Garza David Garza **Maudene Gilbreath** Mary Jo Crowder **Pamela Glover** Gregg Abbott Sara Graham **Brian Taylor** Tom & Gloria Gonzales **Rose Branch** Dr. Gary Goodnight Linda & Scott Crocker **Robert & Joyce Hailey** Norman Hailey

Cecil Halfmann Marty & Lesli Frey **Clifford Halfmann** Alan & Debbie Prachyl **Bernie Prachyl Robert Leo Harris Connie Harris Collette Henderson** Margaret Peters **Phillip Homer** Bill & Gena Brown Lois Mae Hood Lou Dorich **Dr. Dean Horton** Ace Air Conditioning Ina Howell Juddi Gilmore **Casey Huff** Martha Kiel **Jeff Huffine** Patti Miller **Kathy Johnson** Frank & Jackie Johnson Frank Juarez The First National Bank of **Ballinger** Steve Kapuscinski Sterling & Linda Robertson Sheryl Koltermann lane Hartwell Pat Korzenewski Ace Air Conditioning Rebecca "Rebbie" Lange Rodney & Debbie Gordon Vernell Kleypas **June Ledbetter** Susan & Dan Leamy **Emily Christine Lomax** Patti & Josh Ensor Jimmy Walker Jan Long Barbara Sojourner Sarah & Billy Lucas **Connie Harris Patsy Luper Robyn Sloan Lester Ray Martin** Don & Marti McKee **Mike Martin** LaNell Grigsby

Ray Martin Jami Bunnell **Betty Casteel Kelly Matschek** Vernell Kleypas James & Lema Rose Cathy Harris McCleary Robert & Brenda Grant Jerry McCutchen Ernie & Maryanne Anderson **Kay Merridth** Linda Taylor **Ronald Miles** Mary Miles Sara Miller **Daniel & Patty Rogers Dorine Moeller** Art & Elena Casarez & Family Tracie Davis Marty & Lesli Frey Mae Dell Jurecek Vernell Kleypas Anna Kubenka Carolyn & Roy McNelly Paul & Monica Minzenmayer & Family Wanda Moore Tina Bednar **Evangelina Morales** Charlie & Terry Shira **Athlene Mullins** David Ballard **Rick Mullins** Larry & Suzanne McMillon Don Neal Heather Ake **Carol Newberry** Ace Air Conditioning Betty V. Novak Frederick V. Novak Mr. & Mrs. E. Oliver Michele Herod Herb Patterson Lynda Goble Ylario Perez, Jr. Lude Castillo **Ylario & Mercedes** Perez, Sr. Lupe Castillo

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What a difference a day makes

abilenegives.org

In Loving Memory, Cont.

Bennie Lou & Jr. Smith Diana Prock **Rickey & Pug Parris Joyce Rhone** Margaret Trigg Sparks Jim Rea Sterling & Linda Robertson Vance & Chris Goddard **Glenda Stringfellow** Marian Reeder Benjamin Alexander Sterling & Linda Robertson Luther Summers Sandra Demler Reeves **Priss Springer** lames & Lema Rose **Toby Taylor** Jane Rhodes Tom & Dianne Hawkins **Cindy Rhodes** William Lee "Bill" Thompson **Bill & Suann Roberts** Shae, Taras and Kane, Kaden Donna Bullock Linda Rutledge Tex Robin Joni Trevino Leonard & Cynthia Whitfield Ace Air Conditioning **Julie Rodriguez** Samuel Joed Vallery Robert & Brenda Grant Larry & Suzanne McMillon Jessie Odelia "DeDe" Schmitt Arlen Aldis Vaughan Irma Fulbright Rodney & Debbie Gordon Marion & Glenda Simpson James & Lema Rose **Roy Lee Schultz** Janie Lou Wade **Connie Harris** Sherri & Randy Chapman **Bill Sides** Mike & Peggy Dankworth Chris & Vance Goddard David & Ian Klassen In Honor of Ila Mae Grisham **Bill Alexander** Bill & Suzy McMaster Margie Wheeler John & Mary Barton Bob & Betty Hale **Beckie Cox Beverly Guerra & All** Carlton & Sally Villers the Hamil Volunteers Cheryl Lewis Tom & Dianne Hawkins Marjorie Flasher Meals on Wheels Happy Jesus Martinez **Billy Sellers** Vicki Harris Sconce Gary & Cindy Steen Birthday Jimmie & Shannon Caughron Marcus Wiley Michael & Melissa Bailiff % abilenegives.org raiser we've ever had? SAVE THE I

Janie Lou Wade cont. Debra & Conner Frankhouser Marty & Lesli Frey **Deborah** Jennings Carolyn & Roy McNelly Linda & Jim Stubblefield Martha Watts **Cheryl Lewis** James Lawrance Weston Norma Weston Emogene R. Whaley Bernard L. Whaley Nicholas Whitaker Martha Kiel **Doris Williams Robin Burrow Barbara Womack Betty Casteel** Robert Wood Marty & Lesli Frey Phillip & Donna Springer



Abilene Gives is a 12-hour online giving event designed to empower every person to give back to their community by supporting local nonprofit organizations and causes they care about on one easy-to-use platform.

Giving to Meals on Wheels Plus has never been easier and this year we have a Matching Challenge, so let's make this the most successful Abilene Gives fund-

On May 7, 2024 8:00 a.m. to 8:00 p.m. go online to www.abilenegives.org and make your donation to Meals on Wheels Plus. You will make a difference!

Tuesday, May 7 • 8a.m. – 8p.m. For questions contact jglantz@mealsonwheelsplus.com.



DONOR SPOTLIGHT

"THE RIPPLE EFFECT OF GIVING"

My great-grandmother raised five children after the sudden death of my great-grandfather and she remained single all her life. This must have been around 1890, and in the early years the family lived in a half dugout a few miles from Big Springs, TX. During one winter some of the children playing outside spotted a side of beef hung on a fencepost. My greatgrandmother came to understand that it was an anonymous gift, left by a caring neighbor.

My way of paying that forward in gratitude is to donate, when I can, to Meals on Wheels Plus Abilene. This non-profit organization delivers about 1350 to 1370 meals per day in our city and surrounding communities to those who are homebound, frail or ill, and often isolated. These meals are delivered with a smile and a kind word.

I understand there are many fine organizations all over the world one can donate to. I have chosen to support our local Meals on Wheels because of the quiet generosity of one neighbor, one winter, so many years ago.

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